

Saturday, July 13, 2013  Promenade Park – downtown Toledo

4:00 pm; rain or shine

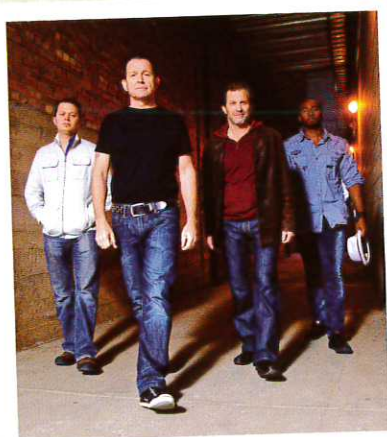
nw ohio rhythm, blues & jazz festival



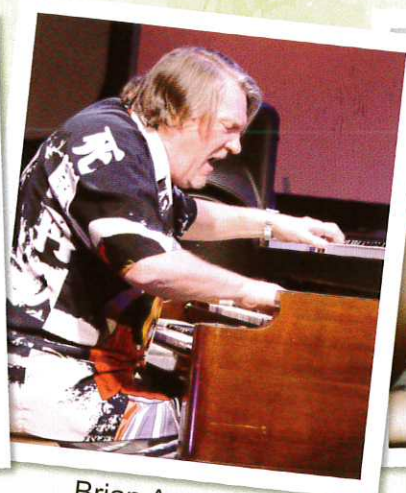
Tickets are \$25 in advance - \$30 at the door
Tickets available at www.toledofoodbank.org

• 419-242-5000 •

100% of proceeds help fight hunger in Northwest Ohio!



Tommy Castro
& the Painkillers



Brian Auger's
Oblivion Express



Morgen Stiegler



Tinsley Ellis

Grammy-nominated, platinum and gold international recording rhythm and blues artists **Tommy Castro & the Painkillers**, plus legendary jazz keyboardist **Brian Auger's Oblivion Express** are two of the four acts that will play at the NW Ohio Rhythm, Blues & Jazz Festival. Additional acts include hard-rocking, blues-soaked guitarist/vocalist/songwriter **Tinsley Ellis** and jazz vocalist and songwriter **Morgen Stiegler** with her quintet.

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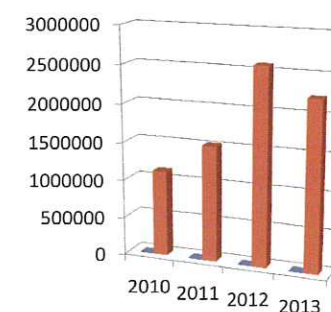
Mobile Food Pantry Continues to **Grow**

Over 49 agencies are participating in our Mobile Food Pantry. This free source of fresh food helps to feed additional people in our area, plus increases capacity for the agencies.

The Mobile Food Pantry is filled with products of high nutritional value, such as fruits, vegetables, dairy, assorted breads and other perishable foods.

The Mobile Food Pantry began in 2009 with 14 agencies participating; last year 55 agencies had goods delivered.

Number of Pounds

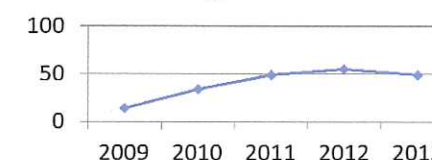


By the Numbers

Number of Agencies

- 2009 - 14
- 2010 - 34
- 2011 - 49
- 2012 - 55
- 2013 - 49

Agencies



And the winner is...**Mayfair Plymouth Church in Toledo!**

This agency was awarded the 2012 Agency of the Year at the Agency Annual Meeting held on May 31.

The Agency of the Year Award is presented to a member agency that has formed a meaningful partnership with the Toledo Northwestern Ohio Food Bank and has made an outstanding contribution to their community over the past year.

The Agency of the Year exemplifies the mission of the Toledo Northwestern Ohio Food Bank to work toward an end to hunger in Northwest Ohio. The Food Bank serves more than 300 member agencies in eight Northwest Ohio counties and has distributed more than 89 million pounds of food since 1984.

Thank you for your dedication to helping those in need!

Bernice Toney, Agency Relations Specialist, presents the Agency of the Year Award to Mayfair Church.



James M. Caldwell, President and CEO, welcomes guest speaker, Ellen Teller. Ms. Teller is the Director of Government Affairs for Food Research & Action Center based in Washington, D.C. She discussed hunger policy and advocacy initiatives for low-income individuals and families.



The Food Bank and our Supporters go together like...

Jameshia Polk, a graduating senior at Bowsher High School in Toledo, collected over 475 jars of peanut butter and jelly during the Peanut Butter Slam Jam.

"I wanted to help feed families," she said. "I am involved in the Team Outreach Program and volunteer around the community." Two years ago, she volunteered for a program that handed out sandwiches to the homeless. "That inspired me to do something good."

She decided on asking for donations of peanut butter, "because that stretches and you can't have peanut butter without jelly."

She plans on attending Columbus State Community College in the fall and majoring in special education. "I can always do something good without having something given back," she said.

We are grateful to our supporters! There are many ways to hold "unique food drives." Contact Laurie for our food drive brochure at 419-242-5000.





We need your help!

Do you have time to help us end hunger in NW Ohio?

Special Volunteers Sought for Hunger Study ▶▶▶

The Toledo Northwestern Ohio Food Bank is participating in the national Hunger in America 2014 study, an in-depth, quadrennial look at our clients, in an effort to find ways to better serve those in need in our community.

"This is the largest study of charitable food assistance in the United States," said James M. Caldwell, President & CEO of the Toledo NW Ohio Food Bank. "The information collected from this study will help us better understand the agencies we work with to provide hunger relief."

Volunteers will travel to member agencies in eight counties to collect data for the study and oversee participants. Survey participants will answer questions on the provided laptop computer. Volunteers will set up the computers and address questions during survey administration. Training sessions are required.

Volunteers are needed in eight counties of Northwest Ohio: Defiance, Fulton, Henry, Lucas, Ottawa, Sandusky, Williams and Wood. Volunteers will travel between 15 – 20 miles to member agencies to collect data for the study and oversee participants. Shifts will be between 2 – 4 hours at least one day per week

A two-hour training session is required for all volunteers. To register for training, call 419-242-5000 ext. 212.

Everyday Volunteers Needed to Service Our Hungry Neighbors

We have a variety of daily volunteer opportunities available at the Toledo Northwestern Ohio Food Bank, including stocking shelves, sorting food, labeling food, general maintenance, or assisting staff with filing, copying and stuffing envelopes.

Volunteer hours are Monday through Friday from 8:00 am to 3:00 pm. Large groups of 15 or more can schedule on Saturdays from 9:00 am to 12:00 pm. Volunteers under 18 must be accompanied by an adult.

WANTED

Here's a list of the most wanted food items:

- Peanut Butter
- Canned Goods: Meats, Stews, Tuna Fish, Pork & Beans, Navy Beans, Spam, Soup
- Apple Sauce, Peaches, Pears, Fruit Cocktail
- Green Beans, Corn, Peas and Other Vegetables
- Dry Pasta and Ramen Noodles
- Dried Beans
- Powdered Milk
- Cereal
- Spaghetti Sauce, Tomato Sauce, Ravioli, Beefaroni
- Macaroni & Cheese and Other Packaged Dinners
- 100% Juice
- Saltine Crackers
- Toiletries: Toilet Paper, Soap, Shampoo, Deodorant, Feminine Napkins



24 E. Woodruff Ave.
Toledo, OH 43604
toledofoodbank.org



nw ohio rhythm, blues & jazz festival

Come out and... "Feed Your Soul & Feed the Hungry!"

For tickets visit: toledofoodbank.org



Join us on Facebook



Follow us on Twitter:
www.twitter.com/toledofoodbank

Questions? Call our Marketing Specialist,
Laurie, at 419-242-5000

Mission

Our Mission is to enable other community organizations to end hunger. We strive to maximize community resources by effectively obtaining and distributing food through a collection and distribution system.

Over the past 29 years, the Food Bank has distributed over 89 million pounds of food and grocery products to our member agencies. Currently, the Food Bank serves over 300 non-profit agencies.

Recipe: Creamy Chicken Pasta Skillet

Prep Time: 10 minutes
Cook Time: 25 minutes

Makes 6 Servings

Ingredients

- 8 oz. (1 cup) rigatoni pasta, uncooked
- 2 teaspoons canola or vegetable oil
- 1 – ¼ pounds boneless, skinless chicken breasts, cut into 1-inch pieces
- ½ cup chopped onion
- 1 can (14.5 ounces) diced tomatoes, undrained
- 1 can (15 ounces) condensed cream of mushroom soup
- 1 cup frozen green peas, thawed
- 6 tablespoons shredded Parmesan cheese

Directions

1. Cook pasta according to package directions. Meanwhile, heat oil in large nonstick skillet over medium-high heat. Add chicken and onion; cook 5 minutes or until chicken is no longer pink in centers, stirring occasionally.
2. Stir in undrained tomatoes and soup; cook 5 minutes or until hot, stirring occasionally. Add peas; mix well.
3. Drain pasta; place in large serving bowl. Add chicken-tomato mixture; toss to coat.
4. Sprinkle with cheese.

13abc's Hope for the Hungry Food Drive



June 24 – July 13, 2013

The Toledo Northwestern Ohio Food Bank is the beneficiary for the 2nd annual **13abc's Hope for the Hungry Food Drive**. The food drive will kick off on Monday, June 24 with food donations collected through Saturday, July 13.

On Friday, July 12, 13abc will host a "Fill the Truck" event at their studios at 4247 Dorr St. The Food Bank will park a truck at the station to be filled up with food donations. Patrons can drive up and donate non-perishable food items. There will be entertainment, music and mascots at the studio.

Patrons can drop off food donations at 13abc studios; Dave White Chevrolet, 5880 Monroe St., Sylvania; The Blade, 541 N. Superior, Toledo; Face Junky, 123 Louisiana Ave., Perrysburg; Imagination Station, 1 Discovery Way, Toledo; all Wal-Mart locations and the Food Bank.