



FOOD for *thought*

The Backpack Program

In Northwest Ohio, 1 in 4 children don't know where their next meal is coming from. These children are at a higher risk of developing certain health problems, behavioral issues and social difficulties than their well-fed peers, all of which can adversely affect their ability to perform well in the classroom.

The Toledo Northwest Ohio Food Bank's Backpack Program, a program of the Feeding America network, aims to ensure that children struggling with hunger in our region are getting the nutritious food they need to learn, grow and thrive.

Thanks to generous donors, like you, we are able to provide backpacks filled with nutritious foods to elementary school children who rely on school meals to take home over the weekend or while on school breaks so they won't go hungry. During an average distribution week, about 85-100 backpacks are given out to children in need. In the past year, the Backpack program has provided nearly 5,000 meals to children in our community – and we couldn't have done this without your help!

Volunteers assemble backpacks in the Food Bank warehouse and they are delivered to participating schools on a biweekly basis.



This year, we hope to welcome more schools within our 8-county service area as Backpack program partners, filling the bellies of even more hungry children in Northwest Ohio.





IT'S ALL BECAUSE OF YOU!

YOUR IMPACT:

97 cents of every dollar that you give to the Toledo Northwestern Ohio Food Bank is spent directly on programs and services, helping to provide more than 8.5 million meals per year to hungry people throughout the region. Since our creation in 1984, we have distributed more than 100 million pounds of food.

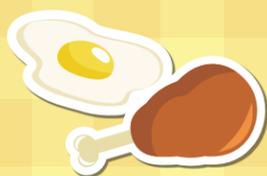


Once again we are proud to receive a four star rating from Charity Navigator. *Thank you for your support!*

	Score (Out of 100)	Rating
OVERALL	100.00	★★★★
Financial	100.00	★★★★
Accountability	100.00	★★★★

HEALTHY FOOD DONATIONS NEEDED.

Many commonly donated foods are high in salt, sugar, or calories, making them poor choices for people with high blood pressure, diabetes, and other diet-related health problems. With more people turning to the Toledo NW Ohio Food Bank, we need your donations today.



Protein

Canned Chicken
Peanut Butter
Canned Beans
Dried Beans
Nuts
Meat Stews



Fruits & Vegetables

Canned Light Fruit
Canned Vegetables
Jellies & Jams
100% Juice
Soup & Broth
Tomato Sauce Products
Applesauce



Grains

Cereals & Granola
Rice & Oats
Pasta
Macaroni & Cheese
Whole Wheat Crackers
Popcorn



Dairy

Powdered Milk
Evaporated Milk

Personal Care

Shampoo
Toothpaste
Baby Items
Feminine Hygiene

Please, no perishable foods, frozen foods, glass jars, or baby food.

Weekend and To-Go Food Boxes Help Reduce Senior Hunger

Seniors are one of the age groups most vulnerable to facing hunger, often required to choose between food and lifesaving medical care. In collaboration with the Area Office on Aging of Northwestern Ohio, we are working to combat senior hunger and improve the health of those age 60 and over with limited incomes by supplementing their diets with healthy and nutritious foods packed into Weekend Boxes and Food Boxes To Go.



- Weekend Boxes and Food Boxes To Go are filled with food items such as canned fruits and vegetables, rice, beans, cereal, and more. Special care is made to include items high in protein, and items that are easy to prepare such as premade meals in microwavable pouches.
- On our highest distribution weeks, we see about 280 boxes given to older adults in our community.

There are currently more than 5 million adults age 60 and older in the United States struggling with hunger. We need your help now more than ever to combat senior hunger in Northwest Ohio.



GOLF CLASSIC -
Monday, June 25, 2018

SAVE THE DATES!

We're taking a swing against hunger! The Toledo Northwestern Ohio Food Bank is excited to be hosting its first-ever golf tournament this summer on Monday, June 25 at the Sylvania Country Club in Sylvania, Ohio. While our usual summer event, the music festival, has been a success in the past, our continuous growth has prompted us to try something new this year.

Former pro golfer Alan Fadel is serving as the event's Honorary Chairman. One lucky group of golfers will be joined by Mr. Fadel as a member of their foursome. In addition to the tournament, golfers will be able to enjoy a meal and the opportunity to bid on a variety of silent auction and raffle items.

All proceeds from the Golf Classic will benefit our Harvest Market program. The Harvest Market is essentially a mobile grocery store on wheels that brings fresh fruits and vegetables, lean protein, dairy and other essentials to communities that would otherwise lack access to healthy foods.

The Golf Classic will be executed as a scramble, making it fun for golfers of all skill levels. The event will begin at 11am and a closing ceremony will be held afterward.

HOPE FOR THE HUNGRY FOOD DRIVE - Check Our Website For Updated Donation Drop-Off Locations, Dates, and Hours

The Toledo Northwestern Ohio Food Bank is thankful for friends like 13ABC and Dave White Chevrolet, who are partnering up with us yet again for another Hope for the Hungry Food Drive.



More than 15% of people in Northwest Ohio are at risk of hunger...that's why partnerships like these are so important to us. When you make a donation towards the Hope for the Hungry Food Drive, you are helping hungry people get the food they deserve.

The items collected in the past and best for donating again this year include non-perishable canned fruits and vegetables, dry rice and beans, and hygiene products like toothpaste and deodorant. These items are in high demand from the more than 250 agencies our warehouse serves, which include food pantries, soup kitchens, rehabilitation centers and non-profit daycares.

To sign up your foursome for the Golf Classic or for more information about the Hope for the Hungry Food Drive, please visit our website at www.toledofoodbank.org/special-events or call 419-242-5000.



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www.twitter.com/toledofoodbank

 We're now on Instagram
@toledoNWOfoodbank

Questions? Call 419-242-5000

*Over 30 Years of
Serving Our
Community!*

Mission

Our Mission is to enable other community organizations to end hunger. We strive to maximize community resources by effectively obtaining and distributing food through a collection and distribution system.

Over the past 34 years, the Food Bank has distributed over 100 million pounds of food and grocery products to our member agencies. Currently, the Food Bank serves over 250 nonprofit agencies.

Thank You

for making our event a success!

