

# Harvest Market

## Frequently Asked Questions



filling bellies, feeding souls

### What is the Harvest Market (HM)?

-The Harvest Market is a direct service program of the Toledo Northwestern Ohio Food bank. We utilize a custom-made refrigerated truck to bring a mobile grocery store on wheels to communities that would otherwise lack access to healthy foods.

### Why does the Harvest Market program exist?

-The most recent study conducted by Feeding America, "Map the Meal Gap," revealed that 14.8 percent of Northwest Ohioans are food insecure or are without reliable access to enough nutritious food to lead healthy lives. Despite the hard work of the volunteers and staff from our partner food pantries and emergency kitchens to meet the need of those seeking hunger relief in our communities, the Food Bank recognized the necessity to create a direct service to help fill in the meal gap. And so, the Harvest Market was created.

### What food options are available?

-We offer an array of shelf-stable items and select produce. See the last page for *sample* items.

- **\*It is important to note that our menu varies from market to market**

### How competitive are our prices?

- Our shelf-stable items are offered at comparable prices with select, locally grown produce at no cost. With that being said, our intention is not to be a competitor of any local grocery stores. Rather, we are trying to provide a *service* to community members who otherwise would go without access to healthy food options.

### Where does the Harvest Market take place?

-The Harvest Market regularly visits locations in Defiance, Fulton, Henry, and Williams Counties with plans to add additional sites in Wood, Sandusky, and Ottawa Counties. For specific information please reference the "**Dates and Locations**" tab on the Harvest Market home page.

### When is the Harvest Market?-

-Most locations we visit once a month. Though, there are a few exceptions. For the most up to date and accurate information, please refer to the "**Dates and Locations**" tab.

## How do we choose our locations?

-We have been fortunate enough to work with wonderful organizations in the communities in which we serve; specifically, the Northwestern Ohio Community Action Commission (NOCAC) and WSOS Community Action. Together, we have chosen locations in areas most impacted by food deserts.

## Why rural Northwestern Ohio?

-Rural communities are some of the most underserved in a food desert and often face increased obstacles such as greater distances to grocery stores and pantries. In fact, Feeding America found that “three-quarters of the counties with the highest rates of food insecurity are in rural areas.” Combining a lower socioeconomic status with further distances to access healthy foods often results in making hard choices and unhealthy eating. The Harvest Market is a direct response to address these obstacles.

## What forms of payment are accepted?

-The Harvest Market accepts **credit** or **debit cards**, and **SNAP**

- Cash and checks are **NOT** accepted at this time.

## Who is the Harvest Market program available to?

-The Harvest Market is available to the public. However, there are certain items offered at no cost that are geared towards serving those in the community least served in a food desert.

## Are there volunteer opportunities?

-**Yes!** We are constantly looking for passionate volunteers to join our Harvest Market team. For more information on specific volunteering opportunities visit the “**Volunteer Description**” page. For any additional questions feel free to contact Johnathan Nichols, the Harvest Market Coordinator, at (419)242-5000 ext. 213 or [JNichols@toledofoodbank.org](mailto:JNichols@toledofoodbank.org)

## More information on the Harvest Market:

<http://www.toledofoodbank.org/harvest-market/>



## Harvest Market Order Form (SAMPLE)

**Instructions:** Please write a number 1 or 2, 3, etc. next to the items you would like to purchase. This is the **quantity** of the item you would like to receive.

Shelf Stable Items	Item #	Quantity/Size	Packaged	Price/Range	Order Request	Total (by Bulk)	Unit Cost	Order Request	Total (by Unit)
Black Beans - 47460	HMP503	8-15 oz	Cans	\$ 6.95		\$	\$ 0.87		\$
Diced Tomatoes	HMP521	8-14.5 oz	Cans	\$ 6.31		\$			
Healthy Choice Soup	HMP515	10-15 oz	Cans	\$ 10.33		\$	\$ 1.03		\$
Microwave Popcorn	HMP525	1-44 ct	Boxes	\$ 10.33		\$			
Pancake Mix	HMP522	1-10 lb	Bag	\$ 6.39		\$			
Sugar	HMP539	1-22 oz	Container	\$ 1.10		\$			
Subtotal:						\$			\$

Bonus Items	Quantity/ Size	Purchase Price	Order Request (in Pounds)
Cucumbers		FREE!	
Onions (3 lbs bag)		FREE!	
Apples (5 lbs bags)		FREE!	

**Total for Order:** \$

Payment Method: SNAP/EBT, Credit Card, Money Order

Receiver Sign \_\_\_\_\_

SAMPLE

-We offer an array of shelf-stable items and select produce. Above are *sample* items.

**\*It is important to note that our menu varies from market to market**